First Landing State Park

History

About 100 English settlers from the Virginia Company landed here on April 26, 1607, before going to Jamestown, thus the name "First Landing." One of the original six state parks dedicated in 1936, the park is a registered national landmark.

Fragile Eco System

The unusual habitat of First Landing features bald cypress trees, lagoons, maritime forest ecology, and the most northern point where Spanish Moss grows.

The Trail Center

Supported by a bond issue in 2002, the LEED certified Trail Center was completed in 2011. Funding was short for the proposed educational exhibits and with the help of The Princess Anne Garden Club, the five exhibits plus the native plant landscape (exhibit 6) opened to the public on January 3, 2013.

The PAGC and the GCV and the Park

The Princess Anne Garden Club and the Garden Club of Virginia have had a long relationship with the Park. In 1940, the PAGC and the GCV stopped a 4 lane highway from going through the trail side of the park saving the fragile eco system, and the total of First Landing State Park as we know it.

First Landing Facts:

- In 1997 Seashore State Park is renamed First Landing State Park
- 1.8 million visitors a year
- More than 19 miles of trails
- 1.5 miles of Chesapeake Bay frontage
- 20 Cabins
- 222 Camp sites

Schedule

Many of the streets are narrow with limited parking. Parking attendants will be on hand to provide instructions. Gardens are not wheelchair accessible.

Wednesday Check In 11:30 a.m. – 12:30 p.m.

First Landing Park Trail Side Lunch on your own

Wednesday Garden Tours 1 p.m. - 5 p.m.

Beth and Zeb Holt 2717 Shorehaven Dr 23454

Helen Junkin-Bernie Nichols 1224 Kamiche Ct 23451

Donna and Rae Eure 124 Pinewood Rd 23451

Mac and Steve Houfek 103 South Dogwood Rd 23451

Thursday Garden Tours 9 a.m. - 1 p.m.

Lynda and Steve Strickler 1124 Windsor Rd 23451

Julie and Ed MacKinlay 213 53rd St 23451

Meg and Bill Campbell 108 69th St 23451

Martha and Bob Goodman 8506 Ocean Front 23451

Thursday Box Lunch Tour Conclusion First Landing Park Trail Center

What is a Pearl Home?

Pearl Homes are residences all over our watershed who have changed their usual way of doing things and adopted more sustainable behaviors. Pearl Homes care about the community and environment.

Awarded by Lynnhaven River NOW, homes that qualify are presented with a yard flag as a Pearl Home designation.

Out of a 42 point check list, a homeowner must adhere to at least 15 things that make a difference for our watershed: Things like "scoop the poop" if you are a pet owner; consistently use reusable grocery bags; compost leaves, grass clippings, and kitchen waste; keep a grease can in my kitchen and reduce or eliminate my use of the garbage disposal are just a few of the items on the list.

To see the application and the check list, go to www.lynnhavenrivernow.org.



Shopping

Laskin Road is the shopping corridor of Virginia Beach Oceanfront area. Beginning with La Promenade which is west of Hilltop on Laskin Rd, here are several shopping centers with a number of unique, "not to miss" stores.

La Promenade: Simply Selma's, The Shoe Box, Yves Delorme, Closet Envy and the Mole Hole.

Hilltop is divided into North, East and West Don't miss The Globe, Esme, JodiG, Kitchen Barn, Savor the Olive, Frances Kahn, Busy Bee (children's

clothes)

Linkhorn Shoppes: Heritage Natural Foods Store, Bakers Jewelry and Gifts, Exotic Home.

Laskin Corridor: Ragged Robin, Lemon Tree, Megs, Beach Gallery and the **Shops at the Hilton** at the Oceanfront end of Laskin.

Grocery stores: Fresh Market, Whole Foods, Trader Joe's, Kroger, Farm Fresh and Harris Teeter are available from First Colonial Rd. area/Laskin to the Oceanfront.

Pharmacies: CVS and Rite Aid at First Colonial and Laskin.

These restaurants, stores, and shops are suggestions only to make your visit to Virginia Beach a more complete experience. There are many more restaurants and businesses along the way, but we can't cover everything. Please enjoy yourself, and come back for more!

Hotels

Hampton Inn Oceanfront North 3107 Atlantic Ave 800-292-3297

Sheraton Virginia Beach 3501 Atlantic Ave 800-325-3535

Holiday Inn North Beach 39th St and Oceanfront 800-465-4329

Restaurants

These are a few of the favorites, listed are from La Promenade East to the Oceanfront. Reservations are advised for dinner.

Aldos 757-491-1111

Mizumo Sushi 757-422-1200

Pasta & Pani (dinner only) 757-301-7488

Burtons 757-422-8970

Azar's 757-422-2927

Baker's Crust 757-422-6703

Baladi Mediterranean Cafe 757-425-8877

No Frill Grill 757-425-2900

Cobalt Grill 757-333-3334

Fire & Vine 757-333-4824

Otani 757-425-0404

Bella Monte 757-425-6290

(visit their kitchen shop next to the restaurant)

Bella Italia 757-422-8536

Prime 103 (dinner only) 757-963-5599

Eurasia 757-422-0184

501 City Grill (dinner only) 757-425-7195

Terrapin (dinner only) 757-321-6688

Isle of Capri (dinner only) 757-428-2411

Catch 31at the Hilton 757-213-3474

Eat An American Bistro 757-965-2472

Taste Unlimited (dinner only)-multiple locations.



2013 Horticulture Field Day

featuring



Virginia Beach Gardeners in their Pearl Home Gardens

Wednesday, June 5

and

Thursday, June 6